PLANT FACT SHEET

Arthropodium cirrhatum (G. Forst.) R. Br.

GENUS *Arthropodium* **FAMILY** Asparagaceae

COMMON NAMES New Zealand Rock Lily, Rengarenga

EDIBLE PARTS AND USES

Edible parts: Root, Tuber

The roots or tubers are steamed or baked and eaten.

DESCRIPTION

A clump forming, fleshy stemmed plant. It grows 50-75 cm high and spreads 60 cm wide. The leaves are long and narrow. They can be 60 cm long. They grow in grassy tufts. The flowers are in long panicles. The flowers are small and white. The stamens are yellow with two small curly tails. It has fleshy tubers.

HABITAT

It grows near the sea and on rocky cliff faces in New Zealand. It needs well-drained soil. It can grow in the open or in shade and in rich or poor soils. The fleshy leaves are damaged by frost. It suits hardiness zones 9-11.

PRODUCTION

Cultivation

Plants can be grown by dividing established plants. They can also be grown from seed.

NOTES

There are 12 Arthropodium species.
Also put in the family Laxmanniaceae.

PICTURES



Credit: Food Plants International (Bruce French)



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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9aaaa280-e33f-4268-b041-2782cd5f7327