PLANT FACT SHEET

Smilax ocreata A. DC.

GENUS *Smilax* **FAMILY** Smilacaceae

COMMON NAMES Bao jing ba qia

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are fried and eaten.

DESCRIPTION

A climbing vine. The stems and branches are woody and have a few prickles. The fruit are red berries 8 mm across.

HABITAT

It is a tropical plant. It grows from near sea level to up to 2,200 m above sea level.

REFERENCES

Ethnobotany of Karbis. Chapter 4 in p 101

Teron, R. & Borthakur, S. K., 2016, Edible Medicines: An Exploration of Medicinal Plants in Dietary Practices of Karbi Tribal Population of Assam, Northeast India. In Mondal, N. & Sen, J.(Ed.) Nutrition and Health among tribal populations of India. p 155

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9aabdf1d-45e0-4bb1-bd7d-4f1761699b17