PLANT FACT SHEET

Oxygonum dregeanum subsp. canescens (Sond.)

Germish.

GENUS *Oxygonum* **FAMILY** Polygonaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

An erect herb. It keeps growing from year to year. It grows 1 m tall. It has a thick woody rootstock and many branches rise from this. The stems have lines along them and are downy. The leaves have 3 deep lobes. These are narrow and with a tip. The flowers are in a spike at the top. The flowers are small and 13 mm long. They are white or cream and pink underneath. The fruit is oval and ribbed with prickles.

HABITAT

It is a subtropical plant. It grows in sandy soils.

REFERENCES

Fox, F. W. & Young, M. E. N., 1982, Food from the Veld. Delta Books. p 305 (As Oxygonum dregeanum var. canescens)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9ab12095-4079-4294-b4db-2f7355c6bba7