PLANT FACT SHEET

Campanula punctata Lam.

GENUS *Campanula* **FAMILY** Campanulaceae

COMMON NAMES Chinese rampion

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Shoots

The young leaves are eaten with oil and salt.
The flowers and leaves are used as potherbs.

DESCRIPTION

A small plant. It grows 30 cm high and spreads 45 cm wide. It keeps growing from year to year and forms clumps. The leaves are pointed and heart shaped. The flowers are tube shaped and hang down. They are cream with red spots inside. They are 8 cm long.

HABITAT

It is a temperate plant. It grows well in composted soils in a protected sunny position. It is resistant to frost but sensitive to drought. It suits hardiness zones 6-9. In Sichuan.

PRODUCTION

Cultivation

Plants can be grown from seed or by division of the clump.

NOTES

There are about 300 Campanula species.

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9ac757e4-c075-4d52-bfe4-c7fb3ae62131