PLANT FACT SHEET

Dactylorhiza maculata (L.) Vermuel

GENUS *Dactylorhiza* **FAMILY** Orchidaceae

COMMON NAMES Spotted orchid, Adder's grass, Heath spotted orchid, Hen's kames

EDIBLE PARTS AND USES

Edible parts: Root, Tubers, Flowers

Salep is made from the tubers.

DESCRIPTION

A ground orchid. It grows 15-60 cm high. There are 6-10 leaves spaced along the stem. They are oval to oblong. The leaves are spotted. It has 3 similar sized lip lobes. The uppermost leaves are bract like. The flower spike is dense. The flowers are large and pale pink to purple. The lip is lined or dotted with purple. They have narrow bracts around them. The lower bracts are shorter than the flowers.

HABITAT

It is a temperate plant. It grows in wet, acidic soils. It is mainly in hills and mountains in the Mediterranean.

NOTES

There are 33 Dactylorhiza species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9ae566e4-4936-45fe-9d86-e916024d08d7