PLANT FACT SHEET

Aponogeton rehmannii Oliv.

GENUS *Aponogeton* **FAMILY** Aponogetonaceae

COMMON NAMES Pond weed

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers, Bulbs/Tubers, Root

The tubers are eaten raw as well as roasted.

DESCRIPTION

A herb. It grows in water. It has a corm or bulb. Plants are separately male and female. It grows 2 cm high. The leaves float on water. The fruit are 5 mm long by 2.5 mm wide. It has a long beak at the end. The flowers are in a divided spike 20-30 mm long. It has 2 bracts around it. The fruit contains 1-8 long seeds. The root tubers are 3 cm across.

HABITAT

It is a subtropical plant. It grows in hot dry places. It grows in places with a long dry season of 6-11 months. In Southern Africa is grows between 825-1,300 m above sea level. It can grow in arid places.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9af2fb6e-63d6-438a-b563-9f4ee4b51b47