PLANT FACT SHEET

Cosmos parviflorus (Jacq.) Pers.

GENUS *Cosmos* **FAMILY** Asteraceae

COMMON NAMES Southwest cosmos

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten raw when young.

DESCRIPTION

A small plant. It grows 50-75 cm high. It branches several times in the upper half. The leaves are threadlike. They are divided 2 or 3 times. There is a single flower head at the end of each stalk. It has 5 orchid ray flowers with yellow centre.

HABITAT

It is a temperate plant. It grows in gravelly soil up to 2,500 m altitude in Texas.

NOTES

There are about 25 Cosmos species.

REFERENCES

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9b038704-7ff3-4be9-afbe-7c59e8c7bbc2