PLANT FACT SHEET

Amaranthus fimbriatus (Torr.) Benth.

GENUS *Amaranthus* **FAMILY** Amaranthaceae

COMMON NAMES Fringed amaranth

EDIBLE PARTS AND USES

Edible parts: Seeds, Leaves

DESCRIPTION

A herb.

HABITAT

It is a warm temperate of subtropical plant. It can grow in arid places.

REFERENCES

Felger, R. S. 1980, Vegetation and Flora of the Gran Desierti, Sonora, Mexico. Desert Plants 2(2). Arizona-Sonora Desert Museum. p 9

Nabhan, G. P., et al, 2022, Reviving the Arid American Diet in the Face of Climate Change: Assessing its Composition, Links to the Mesomerican Diet and Potential to Advance Indigenous Health and Diabetes Prevention. International Journal of Water Resources and Arid Environments 11(2): 81-112

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9b27be02-c99c-4167-ac01-43ea498f33e2