PLANT FACT SHEET

Berchemia sinica C. K. Schneid.

GENUS *Berchemia* **FAMILY** Rhamnaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves

The fruit are eaten fresh.
The young leaves are used for making tea drinks.

DESCRIPTION

A shrub. It can be climbing. It grows 5 m tall. The leaves are alternate and greyish white underneath. They are 3-6 cm long by 2-4 cm wide. The flowers usually occur singly and are yellowish green. The fruit is purple to red and turns black when mature. It is cylinder shaped and 5-9 mm long by 3 mm wide.

HABITAT

It is a temperate plant. It grows in mixed forests in valleys between 1,000-2,500 m above sea level. It grows in Sichuan and Yunnan in China.

PRODUCTION

Harvesting and Seed Production

In Yunnan the fruit are harvested August to September and the leaves from April to June.

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