PLANT FACT SHEET

# *Anacamptis palustris* (Jacq.) R. M. Bateman, Pridgeon & M. W. Chase

**GENUS** *Anacamptis* **FAMILY** Orchidaceae

## EDIBLE PARTS AND USES

**Edible parts:** Bulb

The bulb is used to produce salep. It is used in ice cream.

## DESCRIPTION

A bulb orchid. It has a round tuber. The leaves are sword shaped and in a ring around the base. The stem has smaller and more narrow leaves. There is a dense group of flowers.

## HABITAT

It is a temperate plant.

## REFERENCES


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Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement (As Orchis palustris)

Mukemre, M., et al, 2016, Survey of wild food plants for human consumption in villages of Catak, (Van-Turkey), Indian Journal of Traditional Knowledge. Vol. 15(2) pp. 183-191 (As Orchis palustris)

Tekinsen, K. K., and Guner, A., 2010, Chemical composition and physicochemical properties of tubera salep produced from some Orchidaceae species. Food Chemistry 121: 468-1471 (As Orchis palustris)



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