PLANT FACT SHEET

Hylodesmum podocarpum subsp. oxyphyllum (DC.)

H. Ohashi & R. R. Mill

GENUS *Hylodesmum* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are cooked and eaten. They are steamed or ground into a powder.

DESCRIPTION

A herb. It keeps growing from year to year. It has erect stems 50-110 cm tall.

HABITAT

It is a tropical plant. It needs a well-drained soil and sunny position. In subtropical SE Asia it grows between 1,100-1,400 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seed. Stored seed can develop a hard seed coat which needs to be scratched and broken. This can be done by putting in warm but not boiling water.

NOTES

There are about 350 Desmodium species. They are mostly in the tropics.

REFERENCES

Altschul, S.V.R., 1973, Drugs and Foods from Little-known Plants. Notes in Harvard University Herbaria. Harvard Univ. Press. Massachusetts. no. 1771 (As Desmodium racemosum)

Ann. Sci. Nat. (Paris) 4:102. 1825 Jan (As Desmodium podocarpum subsp. oxyphyllum)

ILDIS Legumes of the World http:www:ildis.org/Legume/Web (As Desmodium podocarpum subsp. oxyphyllum)

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/ (As Desmodium podocarpum subsp. oxyphyllum)

Prodr. 2:337. 1825 Nov (As Desmodium racemosum)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9b760866-ddc4-4c02-a1b5-158af992bbd8