PLANT FACT SHEET

Vernonia fastigiata Oliv. & Hiern

GENUS *Vernonia* **FAMILY** Asteraceae

COMMON NAMES Starstalk

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows 1 m tall. The leaves are 9 cm long by 0.8 cm wide.

HABITAT

It is a subtropical plant.

REFERENCES

Magwede, K., van Wyk, B.-E., & van Wyk, A. E., 2019, An inventory of Vhavenda useful plants. South African Journal of Botany 122 (2019) 57–89

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9bb0f321-35f8-40ce-94c8-08791315bc1d