PLANT FACT SHEET

Horsfieldia kingii (Hook.f.) Warb.

GENUS *Horsfieldia* **FAMILY** Myristicaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds, Leaves

The fruit are eaten. (They can cause intoxication). The fruit are also used for jam and pickles.
The seeds are used as a substitute for betel nut.

DESCRIPTION

A tree. The young shoots are hairy. The bark has shallow cracks and breaks into square flakes. It is reddish. The leaves are oval and taper to a blunt tip. The flowers are small. The fruit are about 2.5 cm long. There is a fleshy layer around the seed.

HABITAT

A tropical plant. In Sikkim it grows between 400-900 m above sea level. It grows in dense forests in ravines between 800-1,200 m in southern China.

PRODUCTION

Harvesting and Seed Production

In southern China it flowers in April to August and fruits in October to December. In Sikkim January to April.

NOTES

There are about 88 Horsfieldia species.

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