PLANT FACT SHEET

Athamanta turbith (L.) Brot.

GENUS *Athamanta* **FAMILY** Apiaceae

COMMON NAMES Candy carrot

EDIBLE PARTS AND USES

Edible parts: Root

DESCRIPTION

A herb which keeps growing from year to year. It has a long taproot. It grows 60 cm high. It spreads 38 cm wide. The leaves are finely divided and feather like. The flowers are in white heads.

HABITAT

It suits hardiness zones 6-9.

NOTES

There are 15 Athamantha species.

REFERENCES

Cundall, P., (ed.), 2004, Gardening Australia: flora: the gardener's bible. ABC Books. p 202 (As Athamanta turbith)

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 85 (As Athamantha matthioli)

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9bd6eed0-8fad-44bd-9d5c-e04b085edd30