PLANT FACT SHEET

Tetragonia fruticosa L.

GENUS *Tetragonia* **FAMILY** Aizoaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten as a snack. They are cooked and chopped.

DESCRIPTION

A bushy shrub. It is yellow-green. It has white woody stems at the base. It can grow 2.5 m tall. The leaves are soft and slightly fleshy with edges rolled in. The flowers are dull yellow. The fruit have 4 wings and 1 seed. They turn brown when mature.

HABITAT

It is a subtropical plant. It grows from the coast to 1,100 m above sea level.

PRODUCTION

Cultivation

It can be grown by cuttings. It can be grown from seed that are soaked in water for 12 hours.

NOTES

There are about 85 Tetragonia species.

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