PLANT FACT SHEET

Begonia grandis subsp. sinensis (A. DC.) Irmsch.

GENUS *Begonia* **FAMILY** Begoniaceae

EDIBLE PARTS AND USES

Edible parts: Stem, Stalks

DESCRIPTION

A herb. The stems are 20-40 cm long. The leaves are pale underneath. They are a triangular oval shape and 5-12 cm long by 4-9 cm wide.

HABITAT

It is a subtropical plant. It grows in forests on limestone in shaded moist places between 300-3,400 m above sea level. In Sichuan and Yunnan.

REFERENCES

Kang, Y., et al, 2012, Wild food plants and wild edible fungi in two valleys on the Qinling Mountains (Shaanxi, central China) Journal of Ethnobiology and Ethnomedicine; 9:26 (As Begonia sinensis)

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Wang, J. et al, 2013, A Study on the Utilization of Wild Plants for Food in Liangshan Yi Autonomous Prefecture. Plant Diversity and Resources. 35(4): 416-471

Wang, J., et al, 2020, An ethnobotanical survey of wild edible plants used by the Yi people of Liangshan Prefecture, Sichuan Province, China. Journal of Ethnobiology and Ethnomedicine 16:10 p 6

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9bebc24d-3f69-456e-94ea-2ff9d37eb3bc