PLANT FACT SHEET

Ceiba aesculifolia subsp. parvifolia (Rose) P. E. Gibbs & Semir

GENUS *Ceiba* **FAMILY** Malvaceae

COMMON NAMES Pochote

EDIBLE PARTS AND USES

Edible parts: Root, Seeds

The roots are eaten raw.
The seeds are eaten raw or put into stews or fried.

DESCRIPTION

A tree.

HABITAT

It is a tropical plant. It grows in arid places.

PRODUCTION

Harvesting and Seed Production

Trees take 5-10 years before fruiting.

NOTES

There are 4-15 Ceiba species.
Also put in the family Bombacaceae. In the subfamily Bombacoideae.

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