PLANT FACT SHEET

Populus fremontii S. Watson

GENUS *Populus* **FAMILY** Salicaceae

COMMON NAMES Fremont's cottonwood

EDIBLE PARTS AND USES

Edible parts: Fruit, Flowers, Bark, flower

The fruit are eaten or chewed like gum.
The flowers are eaten.

DESCRIPTION

A deciduous tree. It grows 12-24 m tall and 9-15 m wide. The bark is grey and gets divided into flat ridges with deep crack between them. The leaves are heart shaped. They turn yellow in autumn.

HABITAT

It is a temperate plant. It grows near rivers in well drained soil.

PRODUCTION

Cultivation

It can be grown from fresh seeds or cuttings or layering.

REFERENCES

https://www.fireflyforest.com/flowers/category/edible-plants/ Edible Plants – Southeastern Arizona Wildflowers and Plants
Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 430

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9c2d6ab8-89a7-410f-9d7d-ebfab1912d0d