PLANT FACT SHEET

Polygala exelliana Troupin

GENUS *Polygala* **FAMILY** Polygalaceae

EDIBLE PARTS AND USES

Edible parts: Root

DESCRIPTION

A herb or small shrub. It grows 2.5 m tall. It keeps growing from year to year. The leaves are narrowly oval and 3-7 cm long. They are hairy. The flowers are red or purple. They are in congested groups at the ends of branches. These are 4-5 cm long.

HABITAT

It is a tropical plant. It grows in mountain grassland and near streams. It grows up to 1,640 m above sea level.

REFERENCES

Malaisse, F., 1997, Se nourrir en floret claire africaine. Approche ecologique et nutritionnelle. CTA., p 67

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9c382f9e-b5c5-4dff-a683-013f63226d9f