PLANT FACT SHEET

# *Russula aurata* Fr.

**GENUS** *Russula* **FAMILY** Russulaceae

## EDIBLE PARTS AND USES

**Edible parts:** Mushroom, Fungus

It needs to be cooked at high heat and not stewed.

## DESCRIPTION

A mushroom.

## HABITAT

It is a temperate plant.

## REFERENCES


Amai, 1938,

Boa, E. R., 2004, Wild edible fungi and their importance to people. FAO Non Wood Forest Products Booklet 17

Kiple, K.F. & Ornelas, K.C., (eds), 2000, The Cambridge World History of Food. CUP p 320

Pace, G., 1998, Mushrooms of the world. Firefly books. p 156

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International



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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/9c5ed223-1add-421e-b847-6aeb5b007c6f