PLANT FACT SHEET

Saccorhiza polyschides (Lightfoot) Batters

GENUS *Saccorhiza* **FAMILY** Phyllariaceae

COMMON NAMES Furbelows, Sea hedgehog

EDIBLE PARTS AND USES

Edible parts: Seaweed

DESCRIPTION

A seaweed.

HABITAT

It is a Mediterranean plant.

REFERENCES

Sanchez-Machado, D. I. et al, 2004, Fatty acids, total lipid, protein and ash contents of processed edible seaweeds. Food Chemistry 85: 439-444

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9c810f38-1641-4928-bdf8-2a3f160a9680