PLANT FACT SHEET

Heuchera micrantha Douglas ex Lindl.

GENUS *Heuchera* **FAMILY** Saxifragaceae

COMMON NAMES Small-flowered alum root

EDIBLE PARTS AND USES

Edible parts: Leaves, Roots

The leaves are boiled or steamed and eaten. They can be dried and stored.
The roots are chopped and added to soups and pies.

DESCRIPTION

A perennial plant. It grows 45-60 cm high. It spreads 30-40 cm wide. The leaves are hairy with grey marbling. They are broad with shallow lobes. They are heart shaped and 8 cm long. The flowers are cream or white in open sprays.

HABITAT

It is a temperate plant. It grows in gravelly banks and rock crevices. In Canada it grows from low altitudes to sub-alpine regions. It is frost hardy. It suits hardiness zones 5-9.

NOTES

There are 55 Heucheria species.

PICTURES



Credit: Food Plants International (Bruce French)

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9cae4ea7-ec9c-4dc3-8ff1-c0b663e456ea