PLANT FACT SHEET

Papaver orientale Linn.

GENUS *Papaver* **FAMILY** Papaveraceae

COMMON NAMES Oriental poppy

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds, Heads, Flowers, Leaves

The seeds and flower parts are eaten.
The hot acrid capsules are also reported as eaten.

DESCRIPTION

A poppy which keeps growing from year to year. It grows 60-100 cm high and spreads 30-50 cm wide. It forms a clump. The leaves are blue-green and bristly. They have leaflets along the stalk and the leaves are 25 cm long. The flower stems have leaves on the lower half. The flowers occur singly and are 10 cm across. They can be red, orange or pink and often have darker blotches.

HABITAT

It is a temperate plant. It suits hardiness zones 3-9.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9cae9823-94f2-4c5f-897d-fa670a5caad9