PLANT FACT SHEET

Ceroxylon parvifrons (Engel) H. Wendl.

GENUS *Ceroxylon* **FAMILY** Arecaceae

EDIBLE PARTS AND USES

Edible parts: Palm heart, Cabbage, Fruit

DESCRIPTION

A palm. It grows 15 m tall. The trunk is 15-35 cm across. The leaves are 2-3.5 m long. There are 70-85 leaflets on each side. The fruit are round and 15-25 mm across. They are smooth and orange-red.

HABITAT

It is a tropical plant. In Bolivia it grows in wet mountain forests between 2,100-3,500 m above sea level.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9cbe4ba4-c7c2-4998-8ee3-8039ef9dfdba