PLANT FACT SHEET

Lotus ornithopodiodes L.

GENUS *Lotus* **FAMILY** Fabaceae

COMMON NAMES Clustered birdsfoot trefoil

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used in salads.

DESCRIPTION

A bean family herb. It is hairy. It grows 10-50 cm tall. The leaves have leaflets 8-30 mm long by 4-16 mm wide. The ones at the base are heart shaped. The flowers are yellow.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Pieroni, A., et al, 2024, Isolated Mediterranean foraging: wild greens in the matrifocal community of Olympos, Karpathos Island, Greece. Journal of Ethnobiology and Ethnomedicine (2024) 20:98

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9d092d65-dafa-458e-a428-a716859ec11d