PLANT FACT SHEET

Strophostyles helvula (L.) Elliott

GENUS *Strophostyles* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Seeds

Beans are cooked with other vegetables.

DESCRIPTION

A twining plant. It grows each year from seed. The leaflets are oval and 2-6 cm long. They can have lobed on one or both sides. The fruit are pods 4-9 cm long. The seeds are 5-10 mm long.

HABITAT

It is a tropical plant.

REFERENCES

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Miguel, E., et al, 1989, A checklist of the cultivated plants of Cuba. Kulturpflanze 37. 1989, 211-357

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9d1027ec-1989-4ae4-974b-8b21edb3b226