PLANT FACT SHEET

Vitex patula E. A. Bruce

GENUS *Vitex* **FAMILY** Lamiaceae

COMMON NAMES Sand vitex, Sand finger-leaf

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A spreading shrub. It has many stems. It grows 3-4 m high. The leaves have 3-5 leaflets. The fruit is oval and fleshy. It is 1 cm long and slightly less wide.

HABITAT

It is a tropical plant. It grows in deciduous woodland and on sandy and rocky soils. It grows between 20-400 m above sea level.

NOTES

Also put in the family Verbenaceae.

REFERENCES

Cunningham, 1985,

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 199

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9d1b1fdb-566e-4d7e-99e0-5b1d96b6dfa6