PLANT FACT SHEET

Anaphalis aureopunctata f. flavescens Lingelsh & Borza

GENUS *Anaphalis* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows 20-50 cm tall. It has rhizomes. These can be 12-20 cm long. The lower leaves are dense and upper leaves lax. There is a ring of spoon shaped leaves. The leaves have white hairs.

HABITAT

It is a temperate plant. It grows on the edges of forests and in grasslands and wetlands between 1,000-4,200 m above sea level. In Sichuan and Yunnan.

REFERENCES

Kang, Y., et al, 2012, Wild food plants and wild edible fungi in two valleys on the Qinling Mountains (Shaanxi, central China) Journal of Ethnobiology and Ethnomedicine; 9:26

Kang, Y., et al, 2012, Wild food plants and wild edible fungi of Heihe valley (Qinling Mountains, Shaanxi, central China): Herbophilia and indifference to fruits and mushrooms. Acta Societas Botanicorum Poloniae 81(4):4-5-413

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9d3e9eea-002d-4eba-a4a0-c7ff52ccb187