PLANT FACT SHEET

Cirsium interpositum Petr.

GENUS *Cirsium* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Flowers, Rhizome

The rhizome is boiled or stir-fried.

DESCRIPTION

A herb. It is a thistle. It grows 2-2.5 m tall.

HABITAT

It is a temperate plant.

REFERENCES

Cheng, Z., et al, 2022, Ethnobotanical study on wild edible plants used by Dulong people in northwestern Yunnan, China. Journal of Ethnobiology and Ethnomedicine (2022) 18:3

Srivastava, R. C., 2010, Traditional knowledge of Nyishi (Daffla) tribe of Arunachal Pradesh. Indian Journal of Traditional Knowledge. 9(1):26-37 (As Cnicus griffithii)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9d5b63a3-1855-49f4-a9c1-b8dd83b4579d