PLANT FACT SHEET

# *Thespesia lampas* (Cavanilles) Dalzell ex Dalzell et Gibson

**GENUS** *Thespesia* **FAMILY** Malvaceae

## EDIBLE PARTS AND USES

**Edible parts:** Shoots, Leaves, Flowers

The young shoot and flowers are eaten.

## DESCRIPTION

A shrub or small tree. It grows 1-3 m high. The small branches have rusty hairs. The leaves are oval and 8-13 cm long by 6-13 cm wide. The flowers are bell shaped and yellow with red centres. The fruit are oval and 2.5 cm long. The seeds are oval and black.

## HABITAT

It is a tropical plant. It grows in muddy seashores. In India it grows in the hills during the monsoon season. It grows between 300-1,200 m above sea level. In Yunnan.

## PRODUCTION

### Cultivation

Plants can be grown from seeds or cuttings.

## NOTES

It is used in medicine for liver complaints.

## REFERENCES


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