PLANT FACT SHEET

Carthamus oxycantha M. Bieb.

GENUS *Carthamus* **FAMILY** Asteraceae

COMMON NAMES Wild safflower

EDIBLE PARTS AND USES

Edible parts: Seeds, Oil, Leaves, Plant - tea

The seeds are cooked and eaten.
They are also use for tea drinks.
The leaves are cooked and eaten.

DESCRIPTION

A spiny annual herb. It grows 1.5 m tall. The leaves are covered with spines. The flowers are yellow in heads 3-5 cm across.

HABITAT

It is a tropical plant.

NOTES

There are 14 Carthamus species. They are thistle like plants. They are mostly Mediterranean.

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