PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Spinulum annotinum (L.) A.Haines

GENUS *Spinulum* **FAMILY** Lycopodiaceae

COMMON NAMES Stiff clubmoss, Bristly club moss

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A club moss. It has stems that run along the top of the ground. These have a cone at the top. The leaves have small teeth along the edges.

HABITAT

It is a temperate plant.

NOTES

It contains alkaloids.

REFERENCES

http://www.botanic-gardens-ljubljana.com/en/plants (As Lycopodium annotinum)

MacKinnon, A., et al, 2009, Edible & Medicinal Plants of Canada. Lone Pine. p 390 (As Lycopodium annotinum)

Urgamal, M., et al, 2014, Conspectus of the Vascular Plants of Mongolia. Mongolia Academy of Sciences Institute of Botany and National University of Mongolia Department of Biology. p 30 (As Lycopodium annotinum)

www.eFloras.org Flora of China (As Lycopodium annotinum)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9db9f5f9-8ef8-40af-abb5-1e9831342144