PLANT FACT SHEET

Strobilanthes wallichii Nees

GENUS *Strobilanthes* **FAMILY** Acanthaceae

COMMON NAMES Kashmir acanthus

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers

The young leaves and flowers are cooked as a vegetable.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 40 cm tall. When the stems lie over they can form roots at the nodes. The stems are 4 angled. The leaves are oval to oblong and papery. They are 4-10 cm long and taper towards the base. The flowers are in groups of 1-3 and crowded. They are purple. The fruit is a narrow capsule 1.5-1.8 cm long. There are 4 seeds.

HABITAT

It is a tropical and subtropical plant. In Taiwan it grows between 1,200-2,500 m above sea level.

NOTES

There are about 250 Strobilanthes species. They occur in Asia.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9dda11c7-a165-4d48-9eaa-1ad93eaa9b24