PLANT FACT SHEET

Achyrospermum densiflorum Blume

GENUS *Achyrospermum* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - medicine

DESCRIPTION

A herb. It grows 80 cm tall and is not branched. The base of the stem is woody. It can lie along the ground and form roots. The leaves are oval and 10-15 cm long by 5-10 cm wide. The flowers are in spikes at the end of the plant.

HABITAT

It is a subtropical plant. It grows in northeastern India between 1,000-1,500 m above sea level. It grows on hillsides and in evergreen broad-leaved forests.

REFERENCES

Anderson, E. F., 1993, Plants and people of the Golden Triangle. Dioscorides Press. p 201 (As Achyrospermum wallichianum)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9dec1b9e-4584-4428-91b3-fb57f57e205a