PLANT FACT SHEET

Berberis amoena Dunn

GENUS *Berberis* **FAMILY** Berberidaceae

EDIBLE PARTS AND USES

Edible parts: Stems, Leaves, Fruit

The young stems, leaves and fruit are eaten fresh.

DESCRIPTION

A shrub. It loses its leaves during the year. It grows 1 m tall. The shoots are dark red and angular. It has simple spines. The leaves are narrowly oval and 10-16 mm long by 3-4 mm wide. There are 4-8 flowers in a group. The fruit is a red berry. It is 6 mm long by 3 mm wide.

HABITAT

It is a temperate plant. It grows in thickets and weedy places between 1,600-3,100 m above sea level in China. It grows in Sichuan and Yunnan in China.

PRODUCTION

Harvesting and Seed Production

In Yunnan plants are harvested from May to September.

REFERENCES

Ju, Y., et al, 2013, Eating from the wild: diversity of wild edible plants used by Tibetans in Shangri-la region, Yunnan, China, Journal of Ethnobiology and Ethno medicine 9:28

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9df39a26-1837-4410-8c5b-3eace752d8da