PLANT FACT SHEET

# *Equisetum laevigatum* A. Braun

**GENUS** *Equisetum* **FAMILY** Equisetaceae

**COMMON NAMES** Smooth horsetail

## EDIBLE PARTS AND USES

**Edible parts:** Root

CAUTION:
The rootstocks are dried and used for food.

## DESCRIPTION

A herb.

## HABITAT

It is a temperate plant.

## NOTES

There are about 25 Equisetum species.

## REFERENCES


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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/9e5db0b4-7a8b-4295-be42-c4658d65f3f7