PLANT FACT SHEET

Arisaema nepenthoides (Wall.) Mart.

GENUS *Arisaema* **FAMILY** Araceae

EDIBLE PARTS AND USES

Edible parts: Tubers, Roots

The tubers are crushed and boiled and then eaten.

DESCRIPTION

A herb. The tubers are a flattened round shape and 6-7 cm wide. The leaf stalks forms a false stem 90 cm tall. The leaves have 5 leaflets like fingers. The central leaflets is 16-20 cm long by 4-5 cm wide.

HABITAT

It is a temperate plant.

REFERENCES

Boesi, A., 2014, Traditional knowledge of wild food plants in a few Tibetan communities. Journal of Ethnobiology and Ethnomedicine 10:75

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9e6c829f-0926-4354-beb7-7bdceb1b0eb1