PLANT FACT SHEET

Hygrophila salicifolia (Vahl) Nees

GENUS *Hygrophila* **FAMILY** Acanthaceae

COMMON NAMES Water wisteria, Willow leaf

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers, Plant - tea

The leaves are eaten as a pot herb.

DESCRIPTION

A small shrub. It grows erect. It grows 0.3-0.5 m high and spreads 0.3-0.5 m wide. The leaves are 3-15 cm long by 0.3-2 cm wide. They are narrow and spreading. The leaves are dark green and thin in texture. The flowers are 1-2 cm long and pink or violet. They are crowded in clusters in the axils of leaves. The fruit is a capsule 1.2-1.8 cm long.

HABITAT

It grows in tropical and subtropical locations. It grows on moist to wet soils. It can only tolerate light frosts. It can grow in water.

PRODUCTION

Cultivation

Plants can be grown from seed or cuttings.

NOTES

There are about 80 Hygrophila species. They grow in the tropics.

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