PLANT FACT SHEET

Purshia mexicana (D. Don) Henr.

GENUS *Purshia* **FAMILY** Rosaceae

COMMON NAMES Cliffrose, Mexican cliffrose

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

DESCRIPTION

An evergreen shrub or small tree. It can grow 2 m tall. The leaves are small and dark green with deep lobes. The flowers are creamy white or pale yellow and have a honey scent. They have a yellow centre. It has long feathery seed heads.

HABITAT

It is a Mediterranean climate plant. It suits USDA hardiness zones 4-7.

PRODUCTION

Cultivation

PLants can be grown from soaked seeds.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 728

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9e8e7cf3-492f-4b9f-8273-7b64dc3a4927