PLANT FACT SHEET

Cissus rufescens Guill. & Perr.

GENUS *Cissus* **FAMILY** Vitaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves

The fruit and leaves are cooked as a vegetable.

DESCRIPTION

A creeping herb. The leaves are almost round or heart shaped. They are 8-15 cm long. There are teeth along the edge.

HABITAT

It is a tropical plant. It suits the seasonally dry tropics.

REFERENCES

Hahn, K., et al, 2018, The use of wild plants for food: a national scale analysis for Burkina Faso (West Africa). FVSS FoodPlants Supplement

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9ea1abc0-6607-43b3-869b-1f57f76e6f44