PLANT FACT SHEET

Oryzopsis asperifolia Michx.

GENUS *Oryzopsis* **FAMILY** Poaceae

COMMON NAMES Mountain rice, Roughleaf ricegrass

EDIBLE PARTS AND USES

Edible parts: Seeds, Cereal, Grains

The parched seeds are ground into an edible meal. They are also cooked.

DESCRIPTION

A grass. It grows 60 cm tall.

HABITAT

It is a temperate plant.

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9ebe1399-afcc-4127-ae26-bee536857f78