PLANT FACT SHEET

Aponogeton desertorum Zeyh. ex Spreng.

GENUS *Aponogeton* **FAMILY** Aponogetonaceae

COMMON NAMES Indape

EDIBLE PARTS AND USES

Edible parts: Tuber, Root

The root is peeled and then boiled or roasted and mashed with milk.

DESCRIPTION

A herb. It has tubers 1-2 cm across. The stems are 30 cm long. The leaves are floating. There are 6-9 leaves per plant. The leaf blade is 5-17 cm long by 2-6 cm wide. The tubers are round. They can be 6 cm across. The flowers are yellow. They are in double spikes. The fruit are follicles 3 mm long.

HABITAT

It is a subtropical plant. It grows in water. In Southern Africa it grows between 60-1,220 m above sea level. It can grow in arid places.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9ee75666-ef79-4d2a-a7d9-40f4d462f887