PLANT FACT SHEET

Veronica longifolia L.

GENUS *Veronica* **FAMILY** Plantaginaceae

COMMON NAMES Garden Speedwell, Long-leaf Speedwell

EDIBLE PARTS AND USES

Edible parts: Leaves

The shoots and leaves are eaten.

DESCRIPTION

An erect herb. It grows 50-120 cm high and spreads 40-75 cm wide. The leaves are narrow and lance shaped. They have teeth along the edge and have some hairs. The leaves at the base are 10 cm long. the leaves higher up are smaller. The flowers are in spikes at the top of the plant. These are 25 cm long. They are made up of small blue flowers.

HABITAT

It is a temperate plant. In Argentina it grows below 500 m above sea level. It suits hardiness zones 4-9.

NOTES

There are about 250 Veronica species.
Also put in the family Scrophulariaceae.

PICTURES



Credit: Food Plants International (Bruce French)

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READ,

Sp. pl. 1:10. 1753

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9f53cbae-f8d1-4d08-a6b1-2bc9df85d3c5