PLANT FACT SHEET

Carduus crispus L.

GENUS *Carduus* **FAMILY** Asteraceae

COMMON NAMES Welted thistle

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

An annual herb. It is a thistle. It grows 1.5 m high and spreads 1 m wide. The stem is erect and winged. It has spines. The leaves are narrow and have lobes. They are prickly. There are prominent veins underneath. The flowers are small and purple. There are 3 or 4 clustered together.

HABITAT

It is a temperate plant. It is resistant to drought and frost. It grows on mountain slopes and by rivers between 400-3,600 m above sea level.

PRODUCTION

Cultivation

Plants are grown from seeds.

NOTES

There are about 90 Carduus species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9f6bff63-c4ab-4bdf-ae8e-32e2fccbf2fd