PLANT FACT SHEET

Dactylorhiza incarnata subsp. incarnata Gilib.

GENUS *Dactylorhiza* **FAMILY** Orchidaceae

COMMON NAMES Palm orchid

EDIBLE PARTS AND USES

Edible parts: Bulbs, Roots

The bulb is a source of edible starch, after processing and drying.
This was used for making Salep drinks.

DESCRIPTION

An orchid.

HABITAT

It is a temperate plant.

NOTES

There are about 33 Orchis species.

REFERENCES

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Smith, N., Mori, S.A., et al, 2004, Flowering Plants of the Neotropics. Princeton. p 468 (As Orchis palmata)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9f773b39-4c2c-484e-9f6a-6aeffbc11310