PLANT FACT SHEET

Alysicarpus heyneanus Wight & Arn.

GENUS *Alysicarpus* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Seed

The seeds are eaten as a vegetable. They are soaked in water for 2-3 hours before cooking.

DESCRIPTION

A herb.

HABITAT

It is a tropical plant. It grows in open areas.

REFERENCES

Datar, M. N. & Upadhye, A. S., 2016, Forest foods of northern region of Western Ghats. MACS - Agharkar Research Institute, Pune. Pp 1-160. ISBN: 978-93-85735-10-3 p 20

Jadhav, R., et al, 2015, Forest Foods of Northern Western Ghats: Mode of Consumption, Nutrition and Availability. Asian Agri-History Vol. 19, No. 4: 293-317

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9f7972fe-b478-432d-862d-df14026e70b2