PLANT FACT SHEET

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Vernonia auriculifera Hiern

GENUS *Vernonia* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit, Medicine

The leaves are boiled as a vegetable. They are also used as a medicine.

DESCRIPTION

A shrub or small tree. It grows 2-5 m tall. The leaves are narrowly oval and 10-45 cm long by 3-23 cm wide. The base is rounded or heart shaped. The flowers are small and mauve.

HABITAT

It is a tropical plant.

REFERENCES

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Emire, A., et al, 2021, Ethnobotanical Study of Wild Edible Fruit Tree and Shrub Species in Adola Rede and Odo Shakiso Midland Districts of Guji Zone, Southern Ethiopia. Int. J. Adv. Res. Biol. Sci. (2021). 8(12): 96-109

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9f7cfc0a-1aa8-4123-92c4-e33eb422a9e3