PLANT FACT SHEET

# *Talinum arnottii* Hook. f.

**GENUS** *Talinum* **FAMILY** Talinaceae

**COMMON NAMES** Porcupine root, Kalahari butterweed

## EDIBLE PARTS AND USES

**Edible parts:** Leaves, Stems, Vegetable

The leaves and stem are used as a green vegetable and in savoury preparations. They are pounded into a mash. They are also used as a salad.

## DESCRIPTION

A herb or small shrub. It can be an annual plant or grow for a few years. It grows 40 cm high. The roots are thick and succulent. They can be 38 cm long.

## HABITAT

A tropical plant. It can grow in sandy and clay soils. It grows in areas with an annual rainfall between 50-700 mm. It can grow in arid places.

## NOTES

There are about 50 Talinum species. They grow in warm places.
Also put in the family Portulacaceae.

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