PLANT FACT SHEET

Cyperus squarrosus L.

GENUS *Cyperus* **FAMILY** Cyperaceae

COMMON NAMES Awned cyperus, Bearded flatsedge

EDIBLE PARTS AND USES

Edible parts: Tubers, Roots

DESCRIPTION

An annual sedge.

HABITAT

It is a warm temperate to tropical plant. It grows in seasonally dry areas. In Argentina it grows from sea level to 2,500m above sea level.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 294

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Yanovsky, E., 1936, Food Plants of the North American Indians. United States Department of Agriculture Miscellaneous Publication No 237. Washington, D.C. (As Cyperus inflexus)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/9fac24f1-6110-41ae-a43b-42a58c36ee0d