PLANT FACT SHEET

Combretum micranthum G. Don

GENUS *Combretum* **FAMILY** Combretaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit, Seeds

The leaves are boiled and eaten and used as medicine. They are also used to make tea.
The seeds are eaten.
The fruit are also cooked and used for a drink.

DESCRIPTION

A shrub in rocky locations and a tree in woodlands. It can also be a woody creeper or vine 15-20 m long. The stem can be 10 cm across. The leaves are alternate and shiny light green when young. The leaf shape varies They are oval and taper to the tip. They are 10 cm long. The flowers are small and white. They are along stalks 2-5 cm long. The fruit are brown and have 4 wings. They are 1.5 cm across.

HABITAT

A tropical plant. It grows in the Sahel and savannah in west Africa. It is drought and fire resistant. It grows in areas with a rainfall between 300-1,500 mm each year. It grows from sea level to 1,000 m altitude. It can grow in arid places.

PRODUCTION

Cultivation

Plants can be grown by seeds and by layering.

NOTES

There are about 255 Combretum species.

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